



Course Title: *Adult/Child/Infant CPR and Adult/Child AED*

Course Description

Training meets OSHA Guidelines for First Aid Programs and combines lecture, interactive video demonstrations featuring emergency scenarios that are likely to occur in a variety of environments and hands-on training to teach participants lifesaving skills.

Goal

Be certified to perform CPR on an adult, child or infant and effectively use an automated external defibrillator. Certification is valid for 2 years.

Learning Objectives

- **CPR Adult:** Participants learn how to perform CPR and care for breathing and cardiac emergencies in adults
- **CPR Child and Infant:** Participants learn how to prevent, recognize and respond to cardiac and breathing emergencies in infants and children under 12
- **AED:** Participants learn how to use automated external defibrillators

Course length: Eight hours

Open to: All Employees

Organizational Needs Addressed: City Manager's Transformation Goals: Emphasize Professionalism and Skills; Investment in Employees Transformation Plan: Manager and Supervisor Development, Individual Contributor Development; GRU Key Performance Indicator: Employee Engagement/Diversity

Competencies Addressed: Safety Conscious, Professional Development

Length of Class: Eight Hours